

MISCELLANEOUS CLINIC (MC)

PATIENTS WHO SHOULD BE ENROLLED:

Any patient with a chronic disease not addressed in another chronic illness clinic and requiring treatment/monitoring. Conditions considered progressive and/or debilitating. Glaucoma and rheumatoid arthritis are appropriate examples.

This clinic is not intended for patients with back pain or other common musculoskeletal disorders, common headaches (including migraine), varicose veins or other similar conditions.

If the clinician is undecided as to whether to enroll a patient in this clinic the Regional Medical Director may be consulted.

BASELINE HISTORY AND PROCEDURES:

Document data on the following forms:

- DC4-770CC, *Miscellaneous Baseline History and Procedures*
- DC4-701F, *Chronic Illness Clinic*
- DC4-770C, *Miscellaneous Clinic Flow Sheet*
- DC4-730, *Problem List*

Documentation shall include a diagnosis and statement as to the control of the disease (Good, Fair, or Poor).

Baseline history will include:

- Relevant history
- Previous and or ongoing treatment
- Complications
- Pertinent medical and surgical history

Physical examination will include evaluation and documentation of:

- Complete physical examination based on diagnosis
 - Symptoms
 - Medication side effects, if applicable

Baseline Procedures to be determined by clinician based on symptoms and or diagnosis

TREATMENT RECOMMENDATIONS:

If treatment is clinically indicated the clinician will ensure that treatment is in accordance with national standards of care.

EDUCATION:

Education will include:

- Disease process
- Diet, if applicable

- Exercise
- Smoking cessation, if applicable
- Medication(s)

FOLLOW-UP VISITS:

Despite the variety of disorders followed in this clinic, appointments must be scheduled regularly as specified by the provider.

At each Chronic Clinic visit the clinician shall document:

- Review of the record (labs, treatment records, MARs, etc...)
- Evaluate the control of the disease (Good, Fair, or Poor)
- Current status of the patient compared with the previous Chronic Clinic visit (Improved, Unchanged, or Worsened).
- Provide education as outlined above

Document follow-up visits on forms:

- DC4-770C, *Miscellaneous Clinic Flow Sheet*
- DC4-701F, *Chronic Illness Clinic*
- DC4-730, *Problem List*, if there are changes or additional diagnoses

Physical examination at every Chronic Clinic visit will include at a minimum an evaluation and documentation of:

- Complete physical examination based on diagnosis
 - Symptoms
 - Medication side effects, if applicable

Procedures to be determined by the clinician based on clinical need of the patient.

GOALS:

- Control of medical condition
- Prevention of complication